



CANTERBURY • HURLSTONE PARK
RSL CLUB



Youth Club Handbook

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CHP RSL YOUTH CLUB

The Canterbury Hurlstone Park RSL Youth Club was established in 1948 to provide a range of activities for the children of Returned Servicemen and Women.

The Club is an affiliate of the Returned and Services League of Australia (New South Wales Branch) and of the New South Wales RSL Youth Council.

The CHP RSL Youth Club provides children and young men and women with the opportunity to participate and socialise with their peers and members of the local community.

We offer Dance and Gymnastics Classes for students from the age of 4 – 25 years.

Youth Club Meetings are held on the first Monday of each month (during school terms only) commencing at 7:30pm. They are held in one of the meeting rooms at Canterbury Hurlstone Park R.S.L Club (Ask at the front desk for location).

It is vital for the continued success of the Youth Club that as many parents attend these meetings as possible.

YOUTH CLUB OBJECTIVES

By Law no.37

- Afford youth of the district the opportunity of participating in clean healthy recreation
- Instruct youth in principles of good citizenship
- Introduce an appreciation in youth of need for observance of laws of State and Commonwealth
- Encourage music, literature, art and physical education among youth, particularly those who by reason of circumstances might otherwise be unable to enjoy such benefits
- Awaken citizens to their responsibility towards adolescents. Teach members respect for older people, point out the meaning of the word "Ode" and RSL Principles
- To be non-sectarian and non-political
- Associate with and assist similar bodies and carry out such plans and undertakings as may be conducive to foregoing objects

CODE OF ETHICS

Please be aware that all students of the Youth Club are bound by a Code of Ethics. Please encourage all students to learn the Code of Ethics.

While I remain a member I shall keep my mind and body active.

I shall conduct myself in an orderly manner and treat other members as I would like to be treated myself.

I shall respect the principals of good citizenship and encourage my associates to do likewise.

I shall endeavour to build friendship with my club mates because friendship is one of the greatest assets that I can have and is advantageous to my future welfare.

I shall take proper care of the furniture and property of the club.

I shall follow my club leaders and respect and obey my instructors.

I shall be loyal to my club.

Finally I shall remain loyal to my Queen and my country and love and respect my parents.

The Code of Ethics is recited at the beginning of all Youth Club Classes and Functions. At functions all in attendance should stand throughout the Code and there should be NO applause at the conclusion. If you are chosen to recite the Code of Ethics at a function please keep in mind your appearance and demeanour throughout.

ACTIVITY TIMETABLE

Dance Timetable

Saturday

8am	12 Years Advanced
8:30am	Open & 16 years
10am	Senior Hip Hop
10:15am	10 Years Advanced
10:45am	14 years
12:15pm	Junior Hip Hop / Boys Class
1pm -2pm	6 years
2pm -3:30pm	8 years
3pm -4:30pm	10 + 12 years

Gymnastics Timetable

Tuesday OR Thursday

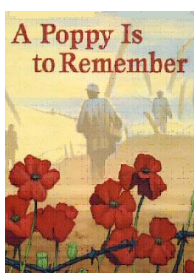
5 - 6pm	5 - 8 years
6 -7pm	9 - 12 years
7 - 8pm	Advanced

R.S.L & COMMUNITY COMMITMENTS

It is vital that we maintain our strong ties to the local community and RSL Club, we participate in RSL Marches and Commemoration Services to give all members a sense of history to share in the ANZAC tradition.

We also support many local and national charities throughout the year; such as Salvation Army Red Shield Appeal, Chris Riley's Youth of the Streets and The Exodus Foundation. This year we are also supporting the Red Cross Victorian Bushfire Appeal.

Commemoration Sunday / ANZAC Day



The spirit of the ANZACS is an important part of Australian history and part of our national identity. Australia became one nation in 1901. Then in 1914 the First World War broke out. Many young Australian men volunteered to go and fight. These soldiers became known as the Australian and New Zealand Army Corp. On 25th April 1915 these soldiers landed at Gallipoli and for eight months fought bravely losing 10 000 men. They were eventually evacuated. The courage, spirit and selflessness of these men united a nation and made Australians proud. The brave characteristics of these men became known as the ANZAC spirit. On 25th April Anzac Day we remember this sacrifice. The ANZACS's will be remembered for their amazing courage and selflessness and for helping to create our Australian identity.

We encourage as many of our members as possible to attend at least one of these Services.

The Exodus Foundation



Provides food, educational opportunities, health and dental care and other services to many people in the community. Twice a year The Youth Club supports The Exodus Foundation, in Term 1 with a gold coin donation which goes towards the purchasing Easter Eggs for local children. In Term 3 we have a canned food drive.

Salvation Army – Red Shield Appeal



The Red Shield Appeal is a nationwide fundraising appeal to meet the needs of many community service programmes. Such as beds for the homeless, meals for the hungry, food vouchers, counselling & support for youth addicted to drugs or alcohol.

Chris Riley's - Youth Off The Streets



Father Chris Riley's
Youth Off The Streets

Youth Off The Streets supports chronically homeless and drug addicted young Australians as they work to turn their lives around. Their goal is for young people to leave care drug free, with a high school education, living skills and a full or part time job in hand.

DATES

MARCH

Saturday 21st March – 4 April **The Exodus Foundation**

Gold Coin Donation to contribute towards purchase of Easter Eggs / Hot Cross Buns for local families.

Dance donations to House mother. Gymnastics donations to Instructors.

APRIL

Sunday 19 **Commemoration Sunday** **Full Youth Club Uniform required**

1:45pm Assemble at Canterbury Boys High School
cnr. Mount and Hardy Streets Canterbury
2pm March to CHP RSL Club
2:20pm Wreath laying ceremony at Bert Crook memorial Garden
2:45pm Commemoration Ceremony / Lunch Starlight Auditorium

Saturday 25 **ANZAC Day** **Full Youth Club Uniform required**

Assemble at Martin Place near Macquarie Street at 8am sharp.
March begins at 9am.
CHP RSL Club for luncheon

MAY

Sunday 24 **Salvation Army Red Shield Appeal** **Full Youth Club Uniform required**

Members are to assemble at Canterbury Girls High School, Princess Street Canterbury 9 - 10am. Members will be sent out in groups of 2 with one senior youth club member or adult accompanying them.

Sausage sizzle / drink for all members on return.

JUNE

Saturday 10 - 24

The Exodus Foundation Canned Food Drive

Donations of canned food:- soup, fruit, vegetables, baked beans/ spaghetti, pasta sauce, long life milk, packets of pasta, spaghetti, rice noodles etc

We ask you to be mindful of expiry dates, if you would not eat it please do not donate it

Place food in baskets supplied

SEPTEMBER

Saturday 5 – 26

Father Chris Riley's - Youth Off The Streets

Donations of 2nd hand board games, play station and other electronic games, books both education and novels. Recommended age group 13 – 17 years.

We ask that you only donate board games that have all their parts / pieces, electronic games that work and books that are good order.

Place in baskets provided

RESPONSIBILITIES

The following outlines the shared responsibilities of:

THE YOUTH CLUB:

- Provide a safe, healthy and fun learning environment
- Provide high quality teaching
- Provide a learning experience for each student which is appropriate to her / his age and level of ability

EACH STUDENT MUST COMMIT TO:

- Attend all classes, arriving in time to begin lesson at scheduled time
- Wear correct uniform to each class. **Be mindful that gym wear / leotards etc are NOT to be worn to and from classes, they must be covered with street clothing**
- Longhair must be pulled back in a ponytail / bun, NO jewellery to be worn to class, studs or small sleeper earrings acceptable
- Abide by the Code of Ethics
- Behave appropriately in class and not disrupt their own or other students learning

PARENTS AGREE TO:

- Support their child / children in all Youth Club classes and activities
- Ensure their child / children attend classes regularly
- Ensure their child / children arrive in time to begin the class at scheduled time
- Ensure their child / children are properly clothed and equipped for each class, ensuring adequate refreshments are provided
- If student cannot attend class please notify instructor via email chprslyouthclub@optusnet.com.au , sms or telephone

SAFETY & WELFARE OF MEMBERS

1. Students who are left unsupervised must wait quietly inside the hall until their lesson starts or they are picked up
2. Parents / Carers MUST collect their child from inside the hall. NO responsibility can be taken for students without supervision who may wait near the gates for pick up
3. No child is permitted to be outside the hall without adult supervision at all times
4. Siblings are not to be left at the hall without parent / guardian supervision, those who may be waiting must sit quietly whilst lessons are on
5. NO responsibility will be taken for items brought to lessons such as I pods, mobile phones and hand held games etc.
6. There is to be NO running, ball games, scooters etc inside the hall
7. Chewing lollies of any description and chewing gum during class is banned
8. (DANCE) Tap shoes must be carried to and from the stage area, they are not to be worn across the floor
9. (DANCE) NO student / or siblings are permitted to play on or near the gymnastic equipment at any time
10. (GYM) NO student / or siblings are permitted to play on or near the gym equipment without Instructor supervision
11. Ensure that all rubbish is placed in bins provided

NEW ZEALAND RECIPROCAL TOUR

The Reciprocal Tour is an exchange programme between the NSW RSL Youth Club Members and members of RSA of New Zealand every second year. The two countries are linked by a common heritage in ANZAC Day.

The Reciprocal Tour emanated through the vision and determination of two dedicated men, Harry Barnes from Hornsby RSL Club (NSW) and Brian Sexton from Papakura R.S.A Club (New Zealand). Due to their efforts the cultural exchange of students from within the RSL Youth Movement became a reality.

A standard of behaviour has been set between both countries based on the CODE of Ethics and the words:-

PRIDE – PATIENCE – RESPECT – INTEGRITY – DIGNITY & ETHICS

The Tour Party consists of 30 Youth Club members and 3 Officials, Tour Manager, Assistant Manager and Chaperone. Tour lasts approximately 14 days and is organised by the Reciprocal Tour Committee of Youth Council. Selection of ambassadors is very strict and deep consideration is given to the choice of Youth Club members, who are chosen for the tour.

It is the aim of the Tour programme to forge a common bond of heritage, to set ideas and to build new and everlasting friendships. It broadens their outlook and strengthens Youth and Youth Clubs in each country, they become aware of the ideals of the RSL and R.S.A in New Zealand, teaching them to be sympathetic to the needs of the RSL and R.S.A in the future, as they grow into adulthood.

CRITERIA FOR SELECTION

1.
 - a) RSL Youth Club Member must be nominated through their Youth Club.
 - b) He / She must have been an active member of the RSL Youth Club FOR AT LEAST THE LAST 5 YEARS. This includes participation in Commemoration Sunday Service and ANZAC Day March and Service. A one page resume describing what you do for your Youth Club and other Community Activities must included with Application, along with a recommendation from Youth Club Instructor.
 - c) He / she must have been approved through their RSL Youth Club Meeting.
 - d) Applicants must be interviewed by a panel within their own RSL Youth Club before application is submitted to the Reciprocal Visits Committee.
2. Applicants must have attained their 14th birthday at the date of departure and must be under the age of 17 years to participate.
3. The applicant must be a full time student (a letter from the School Principal is required giving permission to travel outside school holidays).

4. All medical problems must be fully documented – with a letter from your Doctor stating medication and treatment. **This is vital so that the correct treatment can be administered immediately should the need arise.**
5. Attendance at ALL rehearsals is compulsory and it should be clearly understood that positions may be forfeit for non attendance. Dates of rehearsals will be supplied at time of interview.
6. Earrings are not to be worn by boys when in touring uniform. (Hair to be neat and tidy).
7. Respect and obedience must be shown to Management at all times and due courtesy paid to speaker/s whenever applicable. FAILURE to do so will result in your being sent home at your parents' expense.
8. **DRINKING OF ALCOHOL, SMOKING OR SWEARING** will not be tolerated under any circumstances. Any breach of this will result in your being sent home at your parents expense. This rule will be strictly adhered to.
9.
 - a. Only two members may be nominated per RSL Club, plus maximum of two reserves.
 - b. Only one member from each family will be considered.
 - c. All nominees are on 3 months probation.
10. It is imperative that you attend ALL REHEARSALS AND CAMPS.
11. You must be aware that you will not necessarily be billeted with friends or able to go out with them, as each billeting family will be responsible for you. The billets will be opening their homes to you, so you are governed by their rules. ONLY in extreme circumstances will a member be allowed to change billets.
12. At the end of the tour a report and photo are required from you. NO REPORT or PHOTO then NO REFERENCE will be supplied.

RECIPROCAL TOUR OF NEW ZEALAND

WHAT IS IT ALL ABOUT?

After dancing with the Youth Club for 11 years I was given the opportunity to be chosen to be a part of the 2007 Reciprocal Tour of New Zealand. Throughout the years dancing with the Youth Club I have been involved in Anzac Day Marches, community service and annual competitions and concerts. These have taught me so much about the importance of remembering our past and making friends for the future.

Once attending interviews with the tour chaperones and the youth council reciprocal visits committee, 30 young Australians from various Youth Clubs around NSW are chosen to go on the tour. But this is not just a holiday with a bunch of young people.

In New Zealand we are required to perform a small concert to display at RSAs (equivalent of our RSLs) to show what activities we are involved in. This means lots of Sunday rehearsals to get ready to represent Australia around Anzac day. During these rehearsals information about the itinerary is given, everyone is fitted for the tour uniform, and groups get together to organise acts to go in the concert and you learn to march as a group. These rehearsals are really fun as you get to know other kids that do different activities with their RSL Youth Clubs and the excitement for your time in New Zealand builds. This is really beneficial so when you leave for New Zealand you are not going with strangers but really great friends.

Sometimes we would organise to do things outside of rehearsal time like watching each other's concert or eisteddfods, gym comps or even attending Christmas carols for other Youth Clubs or just watching a movie. Before we leave for New Zealand we also put on a farewell concert to show our parents and friends what we have been doing on these rehearsals, other than eating and talking!

Once in New Zealand we travel to a close RSA to meet the families we will be staying with. Each family takes home around 2 members of the group to stay with them for a few days. These families are so welcoming and after a refreshing stay at our billets home we are ready for a new day of excitement which might mean visiting a zoo, historical village, volcano island, shopping mall or taking a boat ride to see dolphins. Lunch and dinner was provided most of the time by the RSA we were visiting. Sometimes even the ladies section of the RSA will pack you a delicious lunch to take with you for the day.

On ANZAC Day we participate in a march from the local RSA to a close by park where a service is held to remember the ANZACS. So much pride is felt when you walk the streets in your uniform and everyone is waving both Australian and New Zealand flags.

It's very sad on the last days thinking you won't be spending this much time with the close friends you have made during the past few months both during rehearsals and while away on the tour. The two weeks goes by so fast but it's worth every minute.

The tour meant so much to me and I am forever thankful for being given the opportunity to represent my Country, State, RSL Youth Club and family in another country was great and being able to visit a place with such a close bond with Australia. As a young Australian I can say that travelling to New Zealand has given me confidence, courage and inspiration. I no longer just dance for my Youth Club but represent them with pride and hope to encourage the younger members to do so as well. I feel I am now more aware of other cultures, having lived with three families and visited different parts of the country.

Elizabeth Cheung

UNIFORM

DANCE CLASSES – **Black Dance polo shirts are not to be worn during lessons**

6, 8, 10 Years Girls

Leotard black or maroon no sleeve with gather front

Cross over black or pink

Bike shorts under leotard black

Short pink socks or pink ballet tights

12, 14, 16 Open Years Girls

Bonds crop top or singlet black

Dance tights long or three quarter black

Bike shorts black

Boys all Ages

Shorts black / long tights

Polo shirt black or maroon

Black socks

Black tap and ballet shoes

Boys Only –Hip Hop Class

Street Clothes shorts / t-shirt

Enclosed shoes- joggers

CamelTap shoes from Leslies

Camel Jazz shoes from Blochs

Pink Ballet shoes from Blochs

Black Jazz boots / sneakers from Blochs or Leslies (Hip Hop Only)

GYMNASTICS CLASSES

Girls

Are required to purchase Youth Club leotard from Instructors approximately \$35

Boys

Royal blue shorts

Yellow polo / round neck t-shirt

YOUTH CLUB UNIFORM

COMMEMORATION SUNDAY, ANZAC DAY MARCH & COMMUNITY SERVICE EVENTS

Please take note:

FULL Youth Club Uniform must be worn at all times when representing the Youth Club. Members not in full uniform will not be able to participate. (Please contact Lisa for further information).

CHP RSL Youth Club Tracksuit & Gold Polo Shirt

UNIFORM- All Dance Only Events Tap & Jazz Championships, Eisteddfods

CHP RSL Youth Club Tracksuit & Black Dance Polo Shirt

FEE STRUCTURE

The **Youth Club Membership fee** for 2009 will be \$120 this includes compulsory insurance levy.

It is a requirement of Youth Club Membership (for all students under 18) that one parent must be a current member of the CHP RSL Club. Once a member reaches 18 years of age they themselves must become a member of the Club. Membership of the Club is currently \$5.50 for 1 year or \$16.50 for 5 years. Current card must be sighted prior to Registration.

TUITION FEES

Please note that tuition fees are not based on attendance, all lessons must be paid for.

DANCE

BDA Ballet, Tap & Jazz \$55 per term.

Hip Hop (alone) Classes \$55 per term.

Boys Only Dance (alone) \$55 per term.

Combined class of BDA Ballet, Tap, Jazz and Hip Hop \$80 per term.

These tuition fees can be paid as follows:

Yearly Tuition Fees

Youth Club Classes Only \$220

Hip Hop Only \$220

Both Youth Club & Hip Hop \$320

Semester Tuition Fees (due by Week 3 of Term 1 and Term 3)

Youth Club Classes Only \$110

Hip Hop Only \$110

Both Youth Club & Hip Hop \$160

Term Tuition Fees (due by Week 3 of each term)

Youth Club Classes Only \$55

Hip Hop Only \$55

Both Youth Club & Hip Hop \$80

GYM

These tuition fees can be paid as follows:

Yearly Tuition Fees

Youth Club Classes \$220

Semester Tuition Fees (due by Week 3 of Term 1 and Term 3)

Youth Club Classes \$110

Term Tuition Fees (due by Week 3 of each term)

Youth Club Classes \$55

YOUTH CLUB POINT SYSTEM

WEEKLY POINTS

- 1 Punctuality
- 1 Attendance
- 1 Correct Uniform

These points are allocated each week during normal lessons. Each student can earn up to 3 points per week.

Everyone receives a point for attendance 1 point / you must arrive before the class starts for punctuality 1 point/ you must be in correct uniform for 1 point (see uniform page 9)

These points are not awarded for extra rehearsals or lessons during school holidays.

ADDITIONAL POINTS

These points can be earned for participation in the following

3 points for a donation to:

The Exodus Foundation : Gold Coin Donation & Canned Food Drive

Youth Off The Streets: Game and Book Collection

Salvation Army Red Shield Appeal

For participating in door knock appeal there are 3 points available,
1 for Attendance / 1 for Full Youth Club Uniform / 1 for appropriate behaviour

Commemoration Sunday

For participating in March and Service there are 3 points available,
1 for Attendance / 1 for Full Youth Club Uniform / 1 for appropriate behaviour

ANZAC Day

For participating in March there are 3 points available,
1 for Attendance / 1 for Full Youth Club Uniform / 1 for appropriate behaviour

At the end of the year these points are tallied up and a trophy is awarded for each age group for "*Highest Points*".

A trophy is also awarded for "Most Improved" this is determined by Instructors.

All other students receive a participation medal.

ANNUAL YOUTH CLUB CONCERT

Each year the Youth Club puts on a wonderful show for families, friends and invited guests. Both Rehearsal and Concert are in Starlight Auditorium at CHP RSL Club.

Please note that the Club requires all visitors attending the rehearsal / concert must show their current CHP RSL Club Membership Card / or sign in as a temporary member of the CHP RSL Club. Membership to CHP RSL Youth Club does not allow direct entry to the CHP RSL Club premises.

Full Dress Rehearsal for all Youth Club members:

Sunday 15th November

8a m – 11am Dance

11:30am – 12:30am Gymnastics

Rehearsal Sunday 15th November CHP RSL Club

- Students must wear Youth Club Uniform, **NO THONGS.**
- All Dance Youth Club Members must be at the club by 7:50am ready to go for rehearsal starting at 8am. Gymnastics members by 11:20am ready for 11:30am start.
- DVD is for sale \$55 cash or cheque (payable to CHP RSL Youth Club) only. **There is to be NO filming of the concert on the day.**
- Please be mindful of other patrons using the Club facilities
- As we are in the Club please respect the environment – no running around, NO student is to leave the auditorium without a parent, NO children in the bar area. Please clean the tables and surrounding area when leaving putting all rubbish, cups etc one table
- NO child to be left unattended in the auditorium
- Gymnastics have requested a CLOSED rehearsal so once the practise is over all dance students are required to leave the auditorium

2009 Concert

Sunday 29 November

10:30am Gymnastics

12noon Dance

- Students must wear Youth Club Uniform, no costumes/ dance or gym wear is to be worn onto Club premises. **NO THONGS**
- All Gymnastics students need to be at the Club by **9:30am**. Dance students need to be at the club by **11am**.
- Once students are in dressing rooms no student is permitted to leave the dressing rooms until the show is over, no participating students in the auditorium at any time.
- It is requested that any guests who are coming to watch the show do not enter the dressing rooms – space is at a premium.
- There is to be **NO** photography or filming throughout the concert

STATE DANCE CHAMPIONSHIPS

These Dance Championships are organised by NSW RSL Youth Council and are open to all financial members of CHP RSL Youth Club.

All dates / venues to be confirmed

Tap Championship is held in June

Jazz Championship is held in August

State Dance Championship Bankstown Town Hall

Last weekend in October or 1st weekend in November

GYMNASTICS COMPETITIONS

Throughout the year there will be opportunities for Gymnastics Members to participate in friendly competitions as well as team gymnastics competition with other Youth Clubs.

DISTRIBUTION OF INFORMATION

In the interest of the environment / costs in 2009
the majority of information including newsletters
will be delivered via email, if you do not have email
address you will still receive printed copies of all information.

You can also keep up to date by visiting

<http://chprsl.com.au/subclubs/YouthClub.aspx>

Email

chprslyouthclub@optusnet.com.au